



Welcome to ConFest, yet again. We welcome, especially, those who are attending their first ConFest. We hope you will learn why so many of us return to ConFest each year.

By some quirk of fate (by default actually) we have ended up with the theme "Co-operation" again. Oh well.... it may not be new but at least it's still topical.

We urge you all to become involved not only in enjoying ConFest, but also in running it. We will be at Morning Sharing each day (9.30am in front of the Main Stage) and there is always someone at Admin/Info so we are available for comment or query.

At 12.30 each day we will have a Collective meeting near Admin. While decisions will be made at these meetings by people actively involved in running ConFest anyone may attend and we welcome input. You will be listened to.

Remember - This is your ConFest! You will only get out as much as you put in.

The rest of this handout covers what will happen at ConFest. It starts with the rules concerning public health, safety and security. These rules have been framed after discussions with Local Bodies and Government Departments and they are not negotiable. If you wish to change them put your energy into changing the planning for next ConFest. We make no apology for being authoritarian where health and safety are at risk!

### THE "RULES":

\* **Fire:** Fires are allowed only in designated fire pits and must conform with the Fire Regulations which will be displayed at the front gate and around the site. Please read

them! Any changes of policy will be well publicised, particularly periods of Fire Ban. In case of Fire Emergency follow the Fire Plans outlined later in this handout.

\* **No Pets:** We have dropped the word please! Any non-human animals found on site will be disposed of. The only exceptions to this rule are Guide Dogs.

\* **Discrimination:** RACISM, SEXISM and SEXUAL HARASSMENT are abhorrent to us. While they, and the noise nuisance in the next point, should be dealt with by interested people on site, we will support plans to combat them.

\* **Quiet time:** You are asked to observe a quiet period from the close of stage till 7.00 am. No loud drumming, brass or amplified music please.

\* **Consider the locals:** No trespassing or nudity off site please. If you are going across to swim, wear a towel (and your token).

\* **Tokens:** They are as attractive as we can make them. Please wear them. Read the "security" article.

\* **Camping:** Please camp only in the camping areas shown on the site map.

\* **Vehicles on site:** Only authorised service vehicles, emergency vehicles, and vehicles of disabled people are allowed on site. Use the site transport provided or walk. Caravans and camper vans are provided for in an area next to the car park and motor cyclists can make arrangements to camp with their bikes (they have a reason and a good track record).

\* **Service roads:** On this site the roads and tracks are quite obvious. Please don't obstruct them or camp on them. If a service vehicle is using them please clear a path.

The D.T.E. Collective.

Down To Earth (Vic.) Co-op. Soc. Ltd. 285-287 Little Lonsdale St. Melbourne. 3000.



## FIRE:

### 1. Cooking Fires.



D.T.E. has been given approval to hold ConFest '87 subject to fire control regulations by the Ministry for Conservation, Forests and Lands and the Glenlyon C.F.A.

They make the rules, we must keep them. Fires will be permitted only in authorised fire pits and at nominated times. Times for the lighting and putting out of these fires will be advertised each day after consultation with the relevant authorities.

Unauthorized fires will be flooded immediately and without apology by ConFest Fire Patrols or the Glenlyon Fire Brigade.

### 2. Wildfire.

Grass or tent fires on the ConFest site are to be fought only by people fully clothed i.e. solid footwear, long pants, shirt or jumper and hat. No synthetic clothes please!

Drums of water with hessian bags are located around the site. Soak the bag in the water and beat the fire. The bag needs to swing from the unburnt ground to burnt ground - the sparks will then fly to burnt ground and not start spot fires ahead of the front.

Whatever you do - do not risk getting burnt yourself! Look after yourself and other people first and then, if safe, help put out the fire.

Rob Murray.



## SECURITY.

Security people can be identified by their radios. They operate primarily to ensure the safety of people on site and their belongings. they spend a lot of their time confronting drunken yobboes who can be identified by their stabbies, their aggressive behavior, and their lack of a token.

You can help by wearing your token, assisting security people if they are in difficulty, or by becoming a security volunteer. A large group confronting an aggressive hoon non-violently is much more effective than a small group or individual.

Please note that the security people intrude as little as possible on the normal running of ConFest. D.T.E. believes that most inconsiderate behavior, such as noise, should be dealt with by those it offends.

Ron.

## FIRST AID. +

The First Aid tent is located near Admin/Info. This year it is being run by Broadmeadows St John Ambulance Brigade.

Would any Doctors or Nurses prepared to assist in an emergency please register at the First Aid tent or contact Info.

Please remember that St John members give their services free of charge.

Safety Peace and Love,  
The First Aid Collective.

## SPARE SPACE.

In keeping with the United Nations' declaration of 1987 as the Year Of Shelter For The Homeless we have made some tents available in the camping area on the hill above the Self Management Village.

D.T.E.



## CAMERAS.

If you have your camera with you please use it considerately. Seek permission from people you wish to photograph, and, if you wish to use it in the healing area, talk to Norman or John first.

D.T.E

## CONFEST '88 - \$100.00 A TICKET ? VOLUNTEERS NEEDED !

The price of ConFest tickets this year has not gone up because the work is done by volunteers. If we had to pay wages tickets would at least double in price. The work involved can be enjoyable but is usually done by a very small group of people who tend to get a bit burnt out.

IT'S YOUR CONFEST. IF EVERYONE DOES ONE HOUR'S WORK IT WILL RUN SMOOTHLY AND THE WORK LOAD WILL NOT FALL HEAVILY ON ANYONE. A VOLUNTEERS ROSTER IS OPERATING FROM INFO!

We need: Drivers, rubbish and dunny patrol people, info and front gate people, security people and more. If you have a special skill which you think may be usefull; tell us about it. We need usefull people who can think.



D.T.E.



## THE FOOD MARKET.

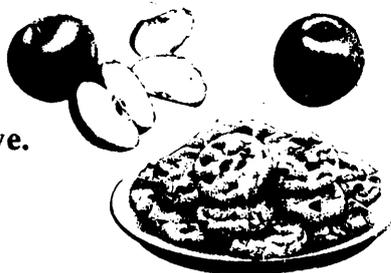
The Food Market is an area to which we pay a lot of attention, both on philosophical and practical levels. For example it is vegetarian and disposables are banned.

This year we have had more applicants for stalls than we can accommodate and have developed the following selection criteria -

- 1) All stallholders must satisfy us that they can comply with health and fire safety requirements, and be prepared to observe our decisions regarding matters such as packaging and operating hours.
- 2) Overall, the market should provide a balanced, healthy and nutritious diet.
- 3) Preference is given to non-profit alternative community groups.
- 4) Where all the above criteria are satisfied selection is made on the basis of the value for money of the food provided i.e. Price!

This year we have a number of community groups represented in the Market. We have copped a lot of flack from people we have had to turn down but feel that the result will give good food at good prices. It will also help educate children and save a few trees.

Bon Appetite  
The Market Collective.



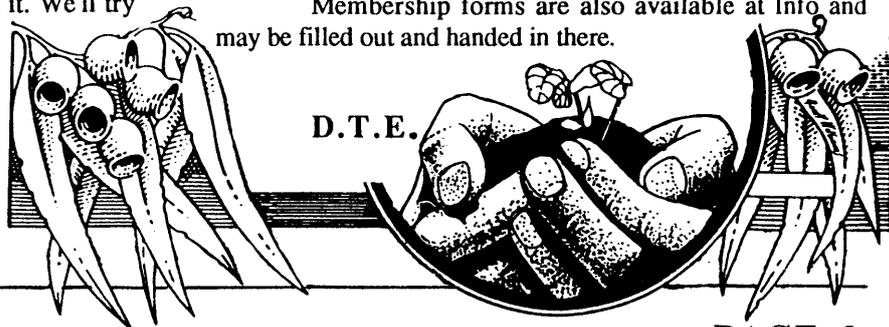
## LOOKING AFTER EACH OTHER.

Over the years ConFest has grown and changed in various ways but we hope that it has retained its sense of community; of being a family and exercising collective responsibility.

As you enjoy the free and secure environment that ConFest provides please remember that there are those among us, particularly children and disabled people, who can't always cope on their own and who may be at risk from the environment, from other people, or through other circumstances.

If you notice that someone is at risk please approach them. If you can't help them, or if you feel threatened yourself, come and talk to us about it. We'll try our best to help.

In Love and Peace,  
Down To Earth.



CONFEST '87.

## CONFEST '87 FAMILY VILLAGE.

- \* A centre for family recreation and growth.
- \* A program of entertainment and activities for children.
- \* Parenting workshops on a variety of issues e.g. Discipline and Education.
- \* Games and equipment for on-site loan for family recreation.
- \* Retrieval centre for lost children.

We are a VOLUNTARY CO-OPERATIVE and.....

We are requesting that parents who will be leaving their children with us to take part in activities show their support for the Family Village by contributing one hour of their time (over the ConFest) to assist with the supervising of activities. If everyone could do this it would greatly improve the quality and safety of the experience for all the children.

Also, we have found that a register is needed to record details of where an adult can be located in case of an accident or a distressed child, and the approximate hour of the parent's return. We do not have the legal right to approve medical attention if required, nor the people to do a search of the ConFest site, so we do ask you to assist us in this.

Wishing everyone a happy, memorable and exciting ConFest '87,

Cecily Fletcher and Ann Warmbrunn.

## LET FAMILIES CELEBRATE TOGETHER!

PARENTING WORKSHOPS DAILY: 10 - 11am ; 2 -3 pm  
(repeat of am.)

SEE NOTICES AT INFO AND FAMILY VILLAGE FOR  
DAILY PROGRAM DETAILS.

## MEMBERSHIP.

Membership in Down To Earth can be included in the price of your ticket at no extra cost. Fill out an application form at the front gate and record the number of your ConFest ticket on it.

Workshops on D.T.E. will be held from 1pm to 2pm daily in the Self Management Village.

Membership forms are also available at Info, and may be filled out and handed in there.

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## RURAL SKILLS VILLAGE.

This is a new area where workshops will be presented on practical aspects of settling on the land. Everything from mud bricks to fencing.

An agenda of workshops will be on display in the Village, at Info, and on posters around the site.

IF YOU WOULD LIKE TO BE ON THE AGENDA TO DO A WORKSHOP CONTACT ME AT THE RURAL SKILLS VILLAGE.

Martin.



MOUNT OAK.  
NOTICE OF MEETING.  
1.00 pm, MONDAY 26TH JANUARY,  
1987.  
DOWN TO EARTH CONFEST SITE,  
GLENLYON RESERVE, DAYLESFORD.

Notice was given in the Public Notices section of The Age on 10th January, 1987, that the above meeting would be held to elect new Trustees of the "Mount Oak" Community land.

This meeting will be an important part of a legal process to replace Jim Cairns, Junie Morosi, and Research For Survival Pty Ltd as the Trustees of the Mount Oak land (site of the Bredbo ConFest).

Responsible representatives of the Alternative Community will be nominated as the new Trustees (including a member of Down To Earth Victoria).

This process is being carried out under the relevant Act of Parliament and is a simple and inexpensive alternative to fighting a Supreme Court case over the land.

Mount Oak residents will be holding daily workshops in the Self Management Village on the situation, and also on their achievements as a community on the land.

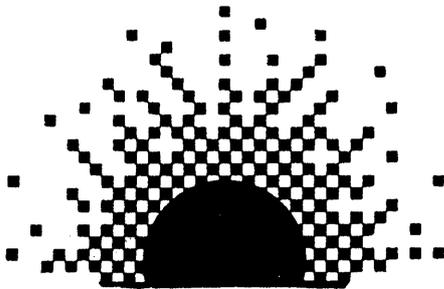
Down To Earth Victoria.

Permacroft is a registered co-operative which aims to buy land soon after ConFest. We will buy in the Seymour area which is just over an hours drive north of Melbourne up the Hume Freeway. The land will be used as the basis for a small community. Down To Earth is a member of the co-op and hopes to build on the land, which could be used for weekend workshops, small festivals, and perhaps ConFests. Leaflets on the co-op are available at Info.

Permacroft workshops are held 11am till noon each day in the Communities Tent, Rural Skills Village.

## COMMUNITIES TENT.

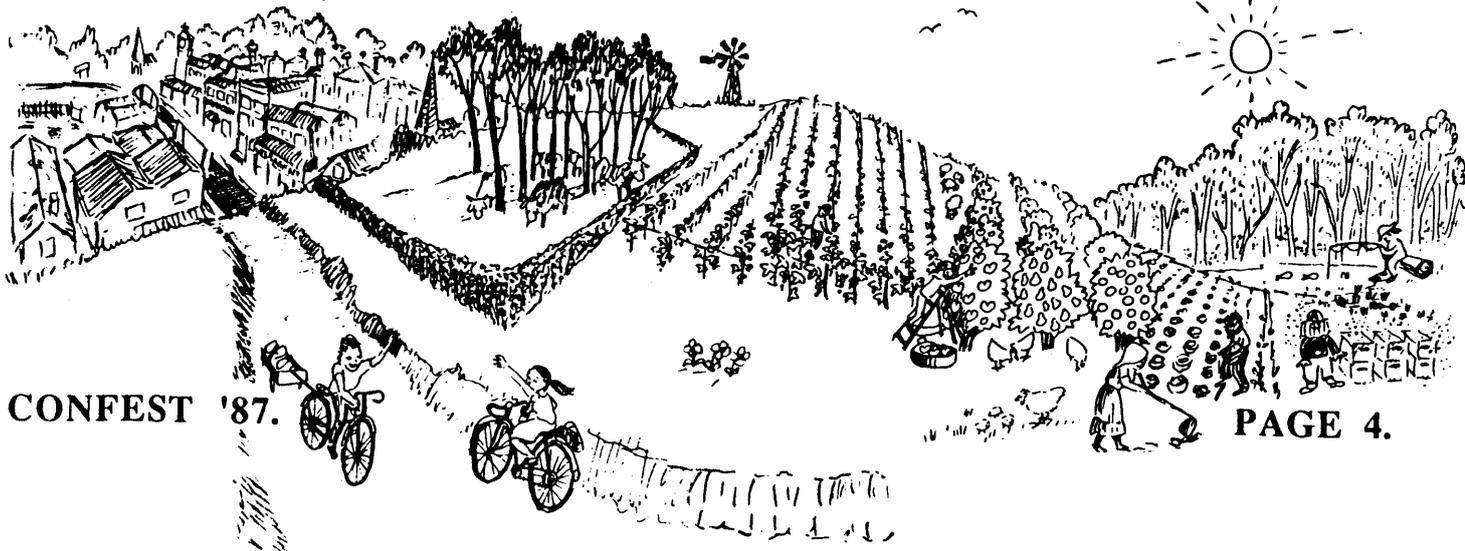
People from existing communes and co-ops are invited to put on workshops or put up displays about their group. An agenda will be put on a board in the tent and at Info.



## GREENS GETTING TOGETHER.

A meeting will be held from 11.00 am till noon on Friday in the Self Management Village. Other meetings will be advertised during ConFest.

Down To Earth has invited the emerging Australian Greens Movement to use ConFest for an annual gathering. A Greens Village may be set up at next ConFest.



CONFEST '87.

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## SELF MANAGEMENT VILLAGE.

An exciting series of workshops on issues of self-management is planned. There are four discussion tents to suit workshops of varying sizes and one audio-visual tent. Due to the strong response last year, more room has been left in the programme for spontaneously organised workshops, so don't hesitate to contact the co-ordinator if you feel you have something to offer.

### Preliminary Programme.

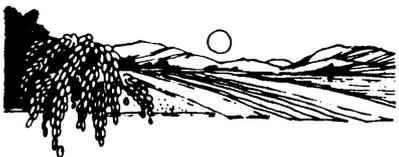


Every Day: 6.30am - ? Singing, chanting & meditation.  
10 - 10.30am Self Management Sharing. A Forum where issues relevant to the conduct of the Village can be raised, workshops arranged and people contacted.  
10.30am - 12.30pm: Introduction to Anarchism.  
1pm - 2pm. What on earth is Down To Earth?  
2pm - ? How to meditate.  
6pm - ? Singing, chanting and meditation.  
All Day: Displays by Movement Against Uranium Mining and Friends Of The Earth.  
Anarchist Bookstall.

### FRIDAY.

- 
- \* Greens getting together.
  - \* Consensus in Small Groups.
  - \* Permacraft - What is it?
  - \* Gays and ConFest.
  - \* Facilitation in Small Groups.
  - \* Co-operative Games.
  - \* The Men's Movement - Where is it going?
  - \* Affinity Networks.
  - \* Small Group Skills.
  - \* Sexuality - Overcoming conditioning.

### SATURDAY.

- 
- \* The Secrets of Kundalini Meditation.
  - \* Maleness and Male Stereotyping - Redefining our role.
  - \* The Molesworth Rapes - Sexuality and the Peace Movement.
  - \* Affinity Networks.
  - \* Reform or Radical Change - Beyond Red and Green Politics.
  - \* Couples - Whats Wrong and the Alternatives.
  - \* Warriors of the Rainbow (Main Stage).

### SUNDAY.

- 
- \* Tantric Dance (Morning Sharing Field).
  - \* Communal Living at Moora Moora.
  - \* Male Sexuality.
  - \* Small Group Dynamics.
  - \* Affinity Networks.
  - \* Progressive Socialism in a Co-operatively Based Society.
  - \* Using Music to Awaken the Heart.

### MONDAY.

- \* Indian Music.
- \* Homophobia.
- \* Co-operative Games.
- \* Seven Secrets of Long Life - Yoga and Health.
- \* Ecopolitics, Peace and a New World Order.

**AUDIO-VISUAL TENT:** As usual an interesting assortment of videos, films etc. will be there. This year it includes Land Rights, Anti-Nuclear Issues, The Ananda Marga Frame-up, The Environment, Peace, African Famine Relief and Children.

DETAILS OF VENUES AND TIMES OF WORKSHOPS WILL BE ON NOTICE-BOARDS IN THE SELF MANAGEMENT VILLAGE.

Redfern Black Rose  
Anarchist Collective.

### EAST GIPPSLAND COALITION.

East Gippsland's magnificent, ancient forests are threatened by woodchipping and clearfelling. Within a few months the State Government will decide the fate of East Gippsland's National Estate areas and whether to let the woodchip monster loose.

Hear all about East Gippsland's National Estate, the need for National Parks, what's wrong with woodchipping and clearfelling, what the alternatives are, and ..... what YOU can do ..... at workshops by the East Gippsland Coalition.

Workshop leaders include Coalition Co-ordinator,  
Linda Parlane.



**KEEP  
GIPPSLAND  
GREEN**



## ON STAGE



The main stage will run from approximately 8pm to 12.30 on Friday, Saturday and Sunday. Varieties of music will include folk, jazz, spiritual, reggae and rock, some accompanied by poetry and musical effects. Some performers are old friends; others we welcome for the first time.

There will also be an alternative stage - a marquee providing for informal acoustic music and other performance arts. A notice-board will allow people to slot themselves in.

**Note to Drummers:** Drumming is seen by all of us as an integral part of ConFest but complaints from ConFest-goers and neighbours have made it necessary to ban metal drums, and to ask all musicians - particularly drummers - to keep music muted after 12.30 am.

### Friday 23rd Jan.

<u>8.00 - 8.30</u>	<u>Robbie Greig.</u>
<u>8.40 - 8.55</u>	<u>Johan.</u>
<u>9.10 - 9.40</u>	<u>Jonathan Daemion.</u>
<u>10.00 - 10.40</u>	<u>Hopscotch</u>
<u>10.55 - 11.15</u>	<u>Nick and Andre</u>
<u>11.35 - 12.25</u>	<u>Spot-On</u>



### Saturday 24th Jan.

<u>8.00 - 8.40</u>	<u>Beat Market</u>
<u>8.55 - 9.10</u>	<u>Dani</u>
<u>9.20 - 9.40</u>	<u>Harry Williamson/ Gilly Smyth</u>
<u>10.00 - 10.30</u>	<u>Lindsay Buckland</u>
<u>10.50 - 11.30</u>	<u>Dada Nabhaniilananda &amp; Friends</u>
<u>11.50 - 12.30</u>	<u>Keefe West</u>

### Sunday 25th Jan.

<u>7.45 - 8.25</u>	<u>Invisible Opera Co.of Tibet</u>
<u>8.30 - 12.00</u>	<u>DANCE with Shenanigans</u>



### The Artists.

**Robbie Greig:** Troubadour-songwriter in the name of freedom

**Johan:** Travelling minstrel

**Jonathan Daemion:** Powerful, original, cosmic, meditational, tribal: get-down keyboard and synthesiser music.

**Hopscotch:** 5-piece eclectic band - original material, jazz & popular songs spanning several decades.

**Nick & Andre:** 2 guitars - mostly original songs

**Spot-On:** 6-piece Reggae Band (with R.Greig)

**Beat Market:** Traditional & original Rock and Roll.60's music and new songs with big beat.

**Dani:** Guitarist-singer - original songs of social significance including "I.D.Card"

**Harry Williamson/  
Gilly Smyth:** Poetry, songs & synthesiser on feminist and other themes. Newly released record "Robot Woman III"

**Lindsay Buckland:** Own songs on dulcimer, guitar and drums to accompany photo montage slides depicting human nature in surrealistic environments.

**Dada Nabhaniilananda & Friends:** Folk-rock. Original material on spiritual, social & ecological themes from tape "Warriors of the Rainbow", with slides.

**Keefe West:** "Odunde" - musician/teacher & now bandleader - Afro-Caribbean music, dance & percussion

**Invisible Opera Co. of Tibet:** Band of 4 from Byron Bay, dedicated to raising consciousness; with Daavid Allen, original member of English bands "Soft Machine" and "Gong".

**Shenanigans:** Music and dances of Australian's many cultures. Easy to join in, suit all ages; many are done in circles and don't require partners.

*Shenanigans will also be holding their excellent workshops during ConFest - Times will be announced.*

Have a good ConFest!

Eva and Bob.



This year the Healing Village is co-ordinated by John Stubbs and Norman Keegel. We have relied on healers contacting us after reading the DTE Newsletter. From this information we have compiled the list of workshops which follows. Please consult the notice board in the Healing Village for venues, time changes and additional workshops organised at the Confest. Note that some of the activities mentioned here may take place in a separate Spiritual Village.

### FRIDAY

- 7-7.45 a.m. **Yoga Asanas for Women.** *Ananda Marga Women's Collective.*
- 7-8.30 a.m. **Spiral Meditation.** *Bill Stewart.*  
Centering in the heart and radiating energy through the hands to each of the chakra energy centres of the body. A meditation for heightening, harmony, balance, healing, nourishment and integration.
- 8-8.45 a.m. **Meditation for women.** *Ananda Marga Women's Collective.*
- 2-6 p.m. **Body Talk.** *Des Buchanan.*  
This is an opportunity to experience the body and to communicate physically and verbally that which is not usually expressed.
- 4-6 p.m. **Introduction to Massage.** *John Stubbs.*  
**How to Meditate.** *Ananda Marga.*  
Practical workshop for people who want to learn their own technique from a trained teacher of Ananda Marga.
- 6-7.30 p.m. **Oki-Do Yoga.** *Audrey Klein and Takao Nakazawa.*  
A dynamic style of yoga blending many facets of mental, physical and spiritual health. It encompasses asanas, corrective exercises, group activities, purification exercises, meditation, chanting and some basic Shiatsu.

### SATURDAY

- 7-8.30 a.m. **Spiral Meditation.** See Fri 7 a.m.
- 7-7.45 a.m. **Yoga Asanas for women.** See Fri 7 a.m.
- 8-8.45 a.m. **Meditation for women.** See Fri 8 a.m.
- 10 a.m. - 12 Noon  
**Shiatsu.** *Australian Shiatsu College.*  
Demonstration of shiatsu techniques, visual diagnosis and discussion of dietary therapy.
- Total Mothering - Spiritual Parenting.** *Leia Reid Daemion.*  
This workshop will be of interest to people who are committed to encouraging children to develop their full potential and experiencing parenting as a magical adventure.
- Pritikin Diet.** *Des Buchanan.*
- Dreamwork.** *Bill Stewart.*  
Dreams offer us a wealth of information and insight into ourselves. Bring your dreams with you.
- Oki-Do Yoga.** See Fri 6 p.m.
- Science of the Spoken Word.** *Summit Lighthouse.*  
The understanding of the ancient principle of mantra and invocation as practised on Atlantis and Lemuria.
- Women's Strengthening Workshop.** *Ananda Marga Women's Collective.*
- 12 noon - 2 p.m.  
**JA-AM Session One: Song Writing 1 - Music.** *Daavid Allen.*  
This workshop is intended to speed up the evolution of participants by applying techniques of experiential teaching used in the ancient mystery schools to a wide variety of subjects.
- Sexuality Workshop.** *Robin Flecher.*



# HEALING VILLAGE



## **I Am Presence.** *Summit Lighthouse.*

The discovery of our own God source and the personal Christ as the mediator.

## **Psychotherapy of Self-Exploration and Self-Confrontation.** *Peter Schreiber.*

This Third Wave workshop is for people interested in the new paradigm of non-mechanistic psychology and psychotherapy. A major aim of the workshop is to create awareness of thoughts and feelings that painfully contradict our self-concept. This awareness establishes a new quality of the experience of life which is not based on the quantity of achievements and material possessions.

2-4 p.m.

## **Sensitizing for Healing.** *Jonathan Daemion.*

Learn to feel the subtle energies of breath and touch in healing and spiritual growth.

## **Food Allergies.** *Des Buchanan.*

## **Personal transformation and the Heart Centre.** *Bill Stewart.*

An introductory discussion of the Transformation Conference process developed by Brugh Joy (author of "Joy's Way"). Topics include body energy work, healing, dreams, the Tarot and I Ching, meditation, self nourishment and the beginning awakening of the heart chakra and the experience of unconditional love.

## **Shiatsu.** See 10 a.m.

## **Women's Spirituality Workshop.** *Ananda Marga Women's Collective.*

2.30-3.30

## **Healing Circle.** *Susan Rooke.*

Two healers ask people to sit in a circle and perform a simple meditation. The healers channel energy to each individual to assist with natural healing and growth processes.

4-6 p.m.

## **The Magic of Free Ritual Sharing in a Medicine Wheel Sharing Circle.** *Jonathan Daemion.*

Learn an ancient way to channel energy and care for each other's needs.

## **Sexuality: Overcoming conditioning.** *Lance Nash.*

Use collective energies to remove barriers to personal enlightenment and freedom.

## **Introduction to Massage.** *John Stubbs.*

## **The Healing Powers of Music.** *Summit Lighthouse.*

An exploration of the potential of sound and music in our worlds. The understanding of ourselves as musical beings.

## **A Walk in Silence: Discovering our Inner Self.** *Ananda Marga Women's Collective.*

6-7.30 p.m.

## **Tai Chi Meditational Walk.** *Hannah Sky.*

This is the first of three sessions. You will get more out of them if you attend all three. If you have the patience, you will find this rewarding.

## **Men's Health Discussion.** *Des Buchanan.*

## **Oki-Do Yoga.** See Fri 6 p.m.

## **Chanting and Meditation.** *Ananda Marga Women's Collective.*

## **SUNDAY**

7-8.30 a.m.

## **Spiral Meditation.** See Fri 7 a.m.

7-7.45 a.m.

## **Yoga asanas for women.** See Fri 7 a.m.

8-8.45 a.m.

## **Meditation for women.** See Fri 8 a.m.

10 a.m. - 12 noon

## **Oki-Do Yoga.** See Fri 6 p.m.

## **Shiatsu.** See Sat 10 a.m.

## **Hot, horny and healthy sex plus a discussion on AIDS.** *Bruce McNicol.*

## **JA-AM Session Two : Song Writing 2 - Words.** See Sat noon.

## **Dreamwork.** See Sat 10 a.m.

## **Science of the Spoken Word.** See Sat 10 a.m.

## **Women's Strengthening Workshop.** See Sat 10 a.m.

12 noon - 2 p.m.

## **Massage and sexuality.** *Robin Flecher.*



2-4 p.m.

**Personal transformation and the heart centre.** See Sat 2 p.m.

**Shiatsu.** See Sat 10 a.m.

**Massage and sexuality (contd.).** *Robin Flecher.*

**Birth, Death, Sex, Love and Consciousness: Whole-Being Experience beyond all Dogmas.** *Jonathan Daemion.*

Experience the depths of your inner self by participating in this workshop. An unique opportunity for in-depth exploration.

**I Am Presence.** See Sat 2 p.m.

**Women's Spirituality.** See Sat 2 p.m.

2.30-3.30

**Healing Circle.** *Susan Rooke.* See Sat 2.30 p.m.

4-6 p.m.

**The Magic of Free Ritual Sharing in a Medicine Wheel Sharing Circle.** See Sat 4 p.m.

**Basic Massage.** *John Stubbs.*

**Healing Powers of Music.** See Sat 4 p.m.

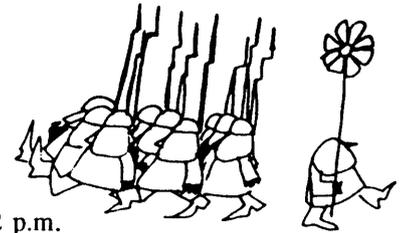
**A Walk in Silence.** See Sat 4 p.m.

6-7.30 p.m.

**Oki-Do Yoga.** See Fri 6 p.m.

**Tai Chi Meditational Walk.** See Sat 6 p.m.

**Vegetarianism.** Des Buchanan.



### MONDAY

7-7.45 a.m. **Yoga asanas for women.** See Fri 7 a.m.

8-8.45 a.m. **Meditation for women.** See Fri 8 a.m.

10 a.m. - 12 noon

**Oki-Do Yoga.** See Fri 6 p.m.

**Dreamwork.** See Sat 10 a.m.

**JA-AM Session Three : How to Focus a JA-AM Session - Group Improvisation.**

**Basic Massage.** *John Stubbs.*

**Women' Strengthening Workshop.** See Sat 10 a.m.

2-4 p.m.

**Women's Spirituality Workshop.** See Sat 2 p.m.

4-6 p.m.

**A Walk in Silence.** See Sat 4 p.m.

6-7.30 p.m.

**Oki-Do Yoga.** See Fri 6 p.m.

**Tai Chi Meditational Walk.** See Sat 6 p.m.

6.30 p.m.

**Chanting and Meditation.** See Sat 6.30 p.m.



### Notes on Healers

This list is in alphabetic sequence by first name.

**Australian Shiatsu College** is represented by Directors Adrian Donkers and Dorothy Pace and also by Geoff Wilson.

**Bill Stewart** was one of Melbourne's first professional rebirthers and is the Director of the Breath Connection, Rebirthing, Meditation & Awareness Centre. He has been teaching the connected breathing process from an eclectic perspective incorporating elements from a wide variety of disciplines for the last seven years.

**Bruce McNicol** is a clinical psychologist and trainer for the Victorian AIDS Council.

# HEALING VILLAGE

## Notes on Healers

This list is in alphabetic sequence by first name.

**Daevid Allen**, originator of JA-AM sessions is a widely travelled and experienced recording artist, poet, performer, rebirther, counsellor and composer of New Age music. He has studied and worked in the U.S.A., France, Spain and England and is a certified facilitator of the Relationships Training Institute of Hawaii.

**Des Buchanan** has been teaching nutrition and cookery for five years and has recently published 'The Good Food Book'.

**Jonathan Daemion** is a veteran of eighteen years' experience working at healing festivals and growth centres around the world. He will share his experience as a

- neo-Reichian therapist in London
- group leader at Esalen and other centres in U.S.A.
- shamanistic healer/ritual-maker in the New Age communities and ashrams in New York and California.

**Lance Nash** has been involved in a number of alternative community groups including D.T.E. and Connection. Has previously worked in crisis care with adolescents

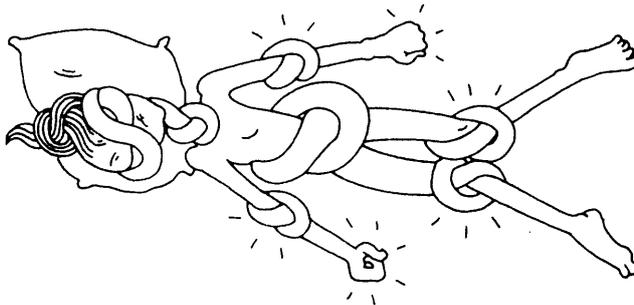
**Leia Reid Daemion** studied psychology, education and naturopathy and has devoted the last five years to raising amazing children.

**Susan Rooke** is from the All One Foundation (I.A.M.) which is an Australian founded growth process. They run home meditations and healing circles in various centres throughout Australia.

**Summit Lighthouse** disseminates the teachings of the Ascended Masters, the Science of East and West, on the path to the Ascension.

### A POET HAS STATED.

A child who lives with criticism learns to condemn.  
A child who lives with hostility learns to fight.  
A child who lives with fear learns to be apprehensive.  
A child who lives with pity learns self pity.  
A child who lives with encouragement learns confidence.  
A child who lives with praise learns to be appreciative.  
A child who lives with acceptance learns to love.  
A child who lives with fairness learns justice.  
A child who lives with honesty learns what truth is.  
A child who lives with friendliness learns that the world is a nice place in which to live.



**WOMEN ONLY WORKSHOPS.**  
**ANANDA MARGA.**

\*\*\*\*\*  
DAILY 7.00 - 7.45am Yoga Postures.  
8.00 - 8.45am Meditation and chanting.  
\*\*\*\*\*

SATURDAY 10.00 - 11.30am Women's Holistic Health.  
2.00 - 4.00pm A walk to discover inner  
silence.

\*\*\*\*\*  
SUNDAY 10.00 - 11.30am For Women - A workshop  
in rhythm movement and  
music.

"Creating your own  
music"  
2.00 - 4.00pm Learn to meditate.  
2.00 - 4.00pm Childrens massage  
workshop and  
sharing circle.

\*\*\*\*\*  
MONDAY 10.00 - 11.30pm Women and Art.  
\*\*\*\*\*

**No Wimmins' Village?**

The opinion was voiced last year that D.T.E. had "banned" the Wimmins' Village. That was not the case! The people who had said they would do it did not front.

We were fortunate last year to have the women from Ananda Marga to run a programme for women, as they are this year.

D.T.E.

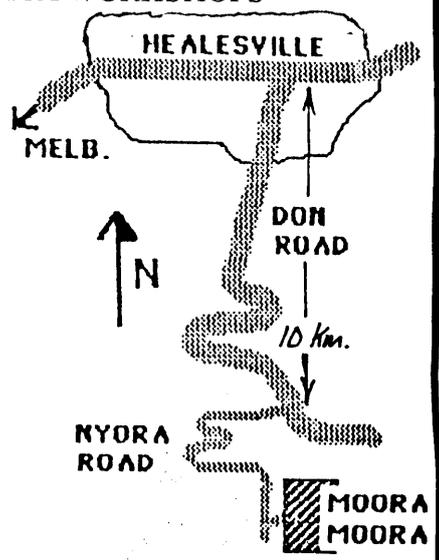
**MOORA MOORA  
FESTIVAL '87.**  
**ALTERNATIVE LIVING IN  
THE 1980'S**

MOORA MOORA COOPERATIVE  
COMMUNITY  
SATURDAY 28th FEBRUARY  
NOON to MIDNIGHT

BUILDING WORKSHOPS  
ENERGY WORKSHOPS  
ART AND CRAFT WORKSHOPS  
HEALTH WORKSHOPS

**COSTS**  
Children \$4.00  
Adults \$8.00  
Family \$16.00

**PLEASE:**  
No Pets,  
No Alcohol,  
No Drugs.



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